

Resources for Students

Resources included below are some of the main supports available to students, this is not intended to be an exhaustive list of all services available.

Student Services and Support

- **Student Life:** Offers a wide range of additional programs and services for students at **St. George Campus:** <http://www.studentlife.utoronto.ca/>
- **Student Affairs & Services:** Offers a wide range of programs, services and initiatives to enhance quality of life and learning experiences beyond the classroom at **UTM Campus:** <https://www.utm.utoronto.ca/sas/student-affairs-services>
- **Student Affairs & Services:** Offers a wide range of programs and services for students at **UTSC Campus:** <https://www.uts.utoronto.ca/studentaffairs/>
- **Indigenous Student Services:** First Nations House provides culturally-relevant services to Indigenous students that support and unite academic success with personal growth and leadership development. We offer learning opportunities for all students to engage with Indigenous communities, within the University of Toronto and beyond. <http://www.fnh.utoronto.ca/>
- **Academic Success Centre:** A team of dedicated professionals from diverse academic backgrounds can help you develop the skills, strategies and competencies that you need to succeed. Open to students from all faculties and disciplines (undergraduate or graduate). <http://www.asc.utoronto.ca/>
- **Anti-Racism & Cultural Diversity Office:** The Anti-Racism & Cultural Diversity Office serves faculty, staff and students in various ways to help facilitate a supportive environment within which to live, learn and work. <http://www.antiracism.utoronto.ca/index.html>
- **Career Centre:** Explore career possibilities, learn about the latest job-search strategies, or build on your professional skills through the Career Centre. <http://www.studentlife.utoronto.ca/cc>
- **Family Care Office:** The Family Care Office provides confidential guidance, resources, referrals, educational programming and advocacy for the University of Toronto community and their families. <http://www.familycare.utoronto.ca/>
- **Sexual & Gender Diversity Office:** Innovative education, programming, resources and advocacy on sexual and gender diversity for students, staff and faculty across the University's three campuses. <http://sgdo.utoronto.ca/>
- Links to various other student services and support on all three campuses: <http://www.future.utoronto.ca/current-students/student-services-campus-life/student-services-support>

International Students

- **Centre for International Experience:** The Centre for International Experience serves international students coming to U of T and domestic students looking to go abroad. <http://www.studentlife.utoronto.ca/cie>
- **English Language Support:** Resources for non-native speakers of English. <http://www.sgs.utoronto.ca/international/Pages/English-Language-Support.aspx>

Health & Wellness

- **Graduate Student Wellness Portal:** Directory of services, resources and academic supports for graduate students. <http://www.sgs.utoronto.ca/currentstudents/Pages/wellness-portal.aspx>
- **Accessibility Services:** Academic accommodations, adaptive technology and other disability-related supports and services. <http://www.accessibility.utoronto.ca/>

- **Health & Wellness Centre:** Offers students a wide range of services to help support them in achieving their personal and academic best. <http://www.studentlife.utoronto.ca/hwc>
- **SGS Graduate Counselling Services:** Graduate students can access counselling services through SGS at 63 St. George. St. The Wellness Counsellor will offer brief counselling services tailored to the challenges presented by graduate-level university life. The focus of counselling is on strengths, resiliency, and skills-building. <http://www.sgs.utoronto.ca/currentstudents/Pages/Graduate-Counselling-Services.aspx>

SGS Financial Aid & Advising

- **SGS Financial Advisor:** The financial advisor is trained to assist currently registered students in all aspects of financial management, including planning a budget and debt load management.
- The SGS Financial Aid office provides emergency grants, loans or bursaries to students in need.
- SGS also offers a Parental Grant program for students who experience a loss or reduction in funding as the result of taking an approved parental leave of absence during a child's first year.
- See <http://www.sgs.utoronto.ca/currentstudents/Pages/Financial-Aid-and-Advising.aspx> for further information about these programs.
- **Financial Planning Calendar:** Tool to assist students to budget for their year at U of T: <https://planningcalc.utoronto.ca/financialPlanner/#/>

Professional Development

- The department offers an in-house professional development series. There are also a variety of workshops and programs across the University. Event announcements will be circulated to students by email.
- **Graduate Centre for Academic Communication:** Provides graduate students with advanced training in academic writing and speaking. <http://www.sgs.utoronto.ca/currentstudents/Pages/GCAC.aspx>
- **Graduate Professional Development Program:** GPD programs and events can help students communicate better, plan and manage time, learn entrepreneurial and leadership skills, and understand and apply ethical practices. <http://www.sgs.utoronto.ca/currentstudents/Pages/GPD.aspx>
- **Graduate Professional Skills Program:** The GPS program is designed to help graduate students become fully prepared for their future, by focusing on skills beyond those learned within a disciplinary program critical to success in the wide range of careers that graduates enter, both within and outside the academe. Successful completion of 60 hours of work will be recognized by a transcript notation. <http://www.sgs.utoronto.ca/currentstudents/Pages/Professional-Development.aspx>